



●●●● Start Indoors
 — Direct-sow
 *** Transplant
 ⌒ Cover
 ⌒** Transplant & Cover

Vegetables	WINTER			SPRING			SUMMER			FALL		
	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Amaranth						—						
Artichoke			●●●●●			***						
Arugula		●●●●●	—		***	***						
Asparagus		●●●●●	●●●●●	●●●●●	●●●●●	***	***	***				
Asparagus Bean			●●●●●	●●●●●	●●●●●	***	***	***				
Broad beans				—	—	—		—	—	—		
Soya beans						—						
Beans, bush & pole					—	—	—	—				
Beets					—	—	—	—				
Broccoli			●●●●●	***	***	—						
Broccoli, sprouting						●●●		**				
Brussels sprouts				●●●●●	●●●●●	***	***	***	***			
Cabbage			●●●●●	***	***	—						
Cabbage, overwinter						●●●	**					
Carrots					—	—	—	—				
Cauliflower			●●●●●	●●●●●	***	***	●●●●●	***	***	*		
Cauliflower, overwinter							●●	**				
Celery/Celeriac		●●●●●	●●●●●		***	***	***					
Chickpeas				●●●●●		***	***	—				
Corn						—						
Corn salad			—	—					—	—		
Cress									—	—		
Cucumbers				●●●●●	⌒***	—						
Eggplant				●●●●●	⌒***							
Endive/Radicchio				—	—	—						
Fennel				●●●●●	***	—						
Garlic									—	—		
Kale & Collards			—	—	—	—	—	—				
Kohlrabi				—	—	—						
Leeks	●●●●●	●●●●●	●●●●●	●●●●●	***	—		***				
Lettuce				●●●	**	—	—	—	—	—		
Melons			●●●●●	●●●●●	***	***	***	***				
Mustard			—	—	—	—		—	—	—		
Okra				●●●●		**	—					
Onions, storage	●●●●●	●●●●●	●●●●●	—	**							
Onions, overwinter						●●●	**	—				
Onions scallions				—	—	—	—	—				
Pac choi & choi sum			⌒●●●	—	—	—	—	—	⌒	—		
Parsnips					—	—						
Peas		●●●●●	●●●●●		⌒	***	***		—	—		
Peppers		●●●●●	●●●●●		**	***	***					
Quinoa				—	—	—						
Radish			⌒●●●	—	—	—	—	—	—	—		
Rhubarb			●●●●●	●●●●●	***	***	***	***	***	***		
Rutabaga					—	—						
Spinach				⌒●●●	—	—		—	⌒**			
Squash/pumpkin			●●●●●	●●●●●	**	—	—					
Strawberries	●●●●●	●●●●●	●●●●●	***	***							
Swiss chard				—	—	—	—	—				
Tomatoes				●●●●●	⌒***	***	***	***				
Turnips				—	—	—	—	—				

Hamilton May 1 - Oct. 11 (164 days)
 Chatham Apr 21 - Oct. 11 (172 days)

Kitchener May 1 - Oct 1 (154 days)
 London May 1 - Oct. 11 (164 days)

Sarnia May 1 - Oct. 1 (154 days)
 Toronto Apr. 21 - Oct. 21 (174 days)